



... help us with YOUR donation ...

## The Cardiac Athletes AED Fund

Registered Charity No. 1140298

### Who?

- Cardiac Athletes was founded in 2001
- We are an international network of heart patients who have been medically cleared to take part in competitive sports once again
- We are ambassadors promoting active, heart-healthy lifestyles

### Why?

- Early defibrillation saves lives
- There is a 43% chance of surviving if CPR and defibrillation are given within 4 minutes of cardiac arrest and paramedic help arrives within 8 minutes (AHA, 2002)
- The chance of surviving a cardiac arrest decreases 7-10% per minute in the absence of intervention
- There are not enough defibrillators deployed in the community
- You never know when you or a loved one will need a defibrillator
- **AED's ( Automated External Defibrillators )** cost approximately £1300 (\$2500 US Dollars)
- Many of our members are alive today thanks to defibrillators
- By providing AED's to the community Cardiac Athletes are effectively saying a big *“thank you”* to the emergency services who saved them and making the community safer for everyone
- Cardiac Athletes raise money through fund raising sporting events
- You can make a donation to this fund and help save lives by visiting our website at: [www.cardiacathletes.org](http://www.cardiacathletes.org) and following one of the 'Donate' links.
- Funds are used to purchase AED's for donation at one of Cardiac Athletes' sporting events, to one of the many defibrillation programmes or to a sports or community centre.

**Thank you for your kind and generous donation.**



Cardiac Athletes present an AED to the Mayor and Fire Chief before the Harrisburg Marathon, Pennsylvania, USA, November 2010.