

What is Cardiac Athletes ?

- Cardiac Athletes, founded in 2001, is an international network of heart patients who are active in a variety of competitive and recreational sports.
- After a diagnosis or cardiac intervention, active individuals can feel a sense of loss and isolation.
- Through our Internet-based social networking infrastructure, our members are able to navigate across geographies to connect with other individuals who have similar medical histories, conditions, interests and concerns.

Who are Cardiac Athletes ?

- Anyone who has had a cardiac condition or procedure
- We have been medically cleared to take part in sports again
- We are aged 18 to 118 years
- We are knowledgeable and experienced in safe exercise

What do Cardiac Athletes do ?

- We uplift and encourage each other to stay positive
- We love life and continue to live it to the full
- We take part in sporting events
- We are ambassadors promoting active, heart-healthy lifestyles
- We save others lives by donating defibs to the Emergency Services

To learn more, please visit us on the web at www.cardiacathletes.org



Network Member